IREX’s Learn to Discern approach helps people of all ages develop healthy habits for engaging with information, online and offline. Learn to Discern has been used around the world in the classrooms, libraries, community centers, fellowship programs, peer-to-peer networks, and other contexts.

**Problem**
Misinformation, disinformation, propaganda, and influence campaigns present challenges worldwide.

- Emotionally charged
- Fabricated
- Misleading
- Out of context

Information is abundant and spreads far and fast in our polarized, hyperconnected, and impatient world. Traditional education does not prepare citizens to navigate this polluted space. New approaches are needed to address this urgent need.

**Solution**
L2D equips citizens with media and information literacy and critical thinking skills to discern fact from fiction.

- In Ukraine, L2D Trainings reached over 62,000 individuals of all ages.
- In Serbia and Jordan, over 1,000 youth participated in L2D workshops.

**Results**

<table>
<thead>
<tr>
<th></th>
<th>Serbia</th>
<th>Ukraine Education</th>
<th>Ukraine Online Course</th>
<th>Jordan</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Media analysis</strong></td>
<td>43%</td>
<td>29%</td>
<td>31%</td>
<td>97%</td>
</tr>
<tr>
<td><strong>News media knowledge</strong></td>
<td>22%</td>
<td>12%</td>
<td>69%</td>
<td>65%</td>
</tr>
<tr>
<td><strong>Locus of control</strong></td>
<td>17%</td>
<td>18%</td>
<td>14%</td>
<td>41%</td>
</tr>
</tbody>
</table>

The survey was administered before and after the trainings to measure whether participants could better detect and analyze misinformation; felt a sense of control over how they respond to media and information that they consume (“locus of control”); and increased their knowledge of the news industry and digital information systems.